

Aftercare Information

Soak the piercing for a few minutes by submerging the area of skin containing the piercing in a clean jug or bowl containing a warm water solution (1/4 level teaspoon of preferably sea salt to an egg cup/shot glass of warm water). Alternatively wet a clean cloth or gauze in the solution and apply as a warm compress. This will soften any discharge and allow you to clean the entry and exit points of the piercing with a cotton bud or gauze. Once the discharge is removed or softened then jewellery can be gently moved so as to work a little warm water through the piercing. When cleaning always tighten the ball on any bars by screwing the ball to the right.

Do this twice each day, preferably after washing or bathing.

You can also use mild antibacterial solutions and soaps to wash the wound site of an ear piercing. Ask your local pharmacist to advise you and always follow the manufacturers' instructions. If irritation, redness or drying occurs discontinue use. Antibacterial wash is NOT suitable for nostrils, septum or vertical lips due to the tissue's delicate nature. Dry the piercing using ONLY fresh disposable paper towel/kitchen roll. A communal hand/bath towel should never be used

Expect some swelling and soreness from your new piercing. Any knock or bang can cause swelling or soreness to flare up again throughout the healing phase.

Do not use cotton wool to clean the piercing as the fibres in the cotton wool may get caught in the piercing.

Do not pick at any discharge and do not move, twist or turn the piercing whilst dry. If any secreted discharge has hardened then turning jewellery may cause the discharge to tear the piercing, allowing bacteria to enter the wound and prolonging the healing time.

Do not use sunbeds for the first two weeks, or if you decide to then cover the wound area with a breathable plaster during tanning.

Do not swim for the first 24 hours following a piercing.



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www.lawrencepiercing.co.uk

The Crystal Ship Tattoo, 11A Bradford Street, Walsall, WS1 1PB, 01922 276920